

Crosscrake CE Primary School

Our School promotes 'Friendship & Learning' underpinned by the Christian values of kindness, perseverance & hope.

Jesus said, "I have come that you may have life; life in all its fullness"

John 10:10.

PSHE Policy

This policy is to be read alongside the SRE Policy.

Intent

We want our children to be articulate and informed citizens! We want our children to develop as great communicators, who are confident to share their views and opinions. By doing so it allows our children to blossom into confident, independent, reflective and responsible members of the ever changing society around them. We strive to ensure children are challenged intellectually, socially, spiritually and morally. We want our children to grow and develop in a safe and nurturing environment where they are able to express themselves articulately, gain a further understanding of themselves as unique people and build resilience. We encourage children to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Implementation

Our whole school approach to PSHE and RSE is down to the belief that success in these areas will lead to excellence across the whole curriculum. We deliver the PSHE curriculum through the use of the online scheme by Discovery Education. The curriculum is split into 6 units, one for each half term in school. The curriculum equips our children with meaningful content that places an emphasis on building resilience, nurturing both mental and physical health and communication and language skills. The scheme is tailored by teachers to meet the specific needs of the children in our school. If occasions arise within individual classrooms where teachers feel that an extra PSHE session may be appropriate due to a specific issue this is encouraged.

EYFS

Through Personal, Social, Emotional Development children are supported to build constructive and respectful relationships that allow them to play, learn and develop alongside both adults and their peers. As children make friendships they learn to manage conflicts and rivalries with the support of adults. Children are empowered to envisage themselves as valuable individuals who are aware of what makes them unique. In EYFS, children are encouraged to express their feelings and adults carefully model the handling of these feelings and emotions to support children in becoming independent in moderating their own feelings. Children are taught to manage their own physical needs and understand the importance of respecting others privacy. A large part of the curriculum in the Early Years supports the developing resilience within young children, children are encouraged to persevere to meet their goals and targets. As a part of the learning journey experienced in the Early Years developing the understanding of rules and routines is an integral part that runs parallel to all.

Impact

Our teaching of PSHE will enable children to:

- Be able to recognise, understand and manage their own emotions
- Understand who they can rely on and ask for support.
- Look after their own mental health and ask for support where necessary.
- Maintain a healthy lifestyle.
- Recognise differences and have an understanding of diversity.
- Apply learnt skills in real life situations
- Demonstrate self-confidence and self-esteem.
- Have developed and maintained healthy relationships with peers and adults.
- Understand the physical aspects involved in the teaching of RSE at the level appropriate to them as an individual.
- Show respect to themselves and others.
- Recognise and apply the British Values